

# BLEEDING CONTROL INSTRUCTIONS

This instruction card is intended to provide guidance in an emergency situation. It is NOT a substitute for proper instruction, training, and practice.

## 1 GLOVES & SHEARS

For Personal Protection & Access



Use shears to remove enough clothing to expose wound area.

## 2 SAM XT TOURNIQUET

For Severe Bleeding

Consult detailed instructions included with tourniquet. Use only on arms and legs. Apply at least 2-3 inches above wound, not on joint. Wrap around limb and pull strap until it clicks or all slack is removed. Turn rod until bleeding stops. Secure rod in C-hook. Wrap remaining strap inside C-hook and over rod. Secure with hook and loop. Record application time on time band with marker.



## 3 CHEST SEAL

For Penetrating Wounds:  
Neck to Navel, Front and Back



Clean around wound. Place directly over wound site. Press firmly. Check patient's back for an exit wound. Use 2nd seal over exit wound.

## 4 HEMOSTATIC DRESSING

To Promote Clotting

Use dressing on bleeding wound to promote the body's clotting process. Apply pressure until bleeding stops. Wrap to secure on the wound.



## 5 COMPRESSED GAUZE

For Wound Packing



To staunch bleeding, use enough to fill wound space completely. Hold pressure for 3-4 minutes. Cover with compression wrap (included Emergency Trauma Dressing).

## 6 EMERGENCY TRAUMA DRESSING

For Wound Packing

Use over compressed gauze if wound requires packing. Place pad over wound site. Wrap snugly to apply pressure to wound.

Secure the clip.



## 7 EMERGENCY BLANKET

For Hypothermia Prevention

Wrap patient when all life-threatening wounds have been treated.

**CRITICAL:** Keep patient warm to prevent shock. Consider distance to casualty collection point.

